

The shape of the 'Thriving Sustainably' day ...

The event will take place at venues in West Oxford, primarily at the West Oxford Community Centre as a central registration point, with the main hall being used for stalls, food and information. There will be events happening in parallel throughout the day in the six different strands, in and near the Centre. For exact time, location and details of each event, see the website or our printed programme on the day. We expect some events to be over-subscribed, so please reserve your place(s) in advance for those events you are interested in via the online booking system.

Date: 17 Oct. '09 **Time: all day 9am - 7pm**

Venues:

West Oxford
Community Centre
Botley Road, OX2 0BT

and

West Oxford Community
Primary School,
Ferry Hinksey Road,
Oxford OX2 0BY



To offer help as a volunteer in the preparation, publicity and organisation of the day,
to enquire about running a stall in the main hall, to become a sponsor of the event,
and for all other enquiries:

Contact: michael@thrivingsustainably.org.uk

Tel: 01865 725 205

About the day and its organisation ...

This one-day one-off community event was initiated by Michael Soth, a resident in West Oxford for 18 years, and is being organised with the help of neighbours, friends and colleagues in cooperation with local projects and initiatives, all on a voluntary basis. Most presenters are generously contributing for free, and all proceeds will be donated to Low Carbon West Oxford and Resurgence Magazine. We depend on volunteers and support to make this day work for everybody - please get in touch with offers of help and suggestions.

visit: www.thrivingsustainably.org.uk

'THRIVING SUSTAINABLY'

What could a sustainable future look like ?



An inspiring and visionary community event towards co-creating our sustainable future

all day Sat. 17 Oct. '09 in West Oxford

More than 40 presenters offering lectures, workshops,
stalls, films, information, organic wholesome food,
and lots more ... with activities for young and old

visit: www.thrivingsustainably.org.uk



Come and participate in this activity-packed community day of events to help us tackle climate change and peak oil. With parallel talks, workshops, discussions, hands-on demonstrations and many other activities happening throughout the day in West Oxford, there will be something for the whole family and all sections of the community. This inspirational event will bring together an extraordinary line-up of expert presenters – people who are amongst the foremost thinkers and doers in the fields of climate change and sustainability. They will make an effort to provide substantial background information in a way that is accessible to all, and will be available for your questions and for discussion. Organised into six strands of themes and topics (including activities for children and young people), the day will be a unique opportunity to imagine a future in which we will be Thriving Sustainably.

Sustainable Consciousness & Eco-Psychology

- “What is Eco-Psychology” - *Nick Totton* (Body Psychotherapist and Writer)
- “The Trick of Change: Can Artifice Save Nature ?” - *Professor Andrew Samuels*, Jungian Analyst
- “Sustainable People - Early Brain Development and Later Well-Being” - *Sue Gerhardt*, psychotherapist and author of the acclaimed book “Why Love Matters”
- “Facile ? - Facilitating the Ecology of Human Organisations” - *Thom Osborn*, group facilitator & film maker
- “Poems of Mindfulness” - *Margaret & Anthony Landale* (consultants)
- “Healing Trauma” - *Morit Heitzler*, Oxford psychotherapist
- “People Skills for the 21st Century” - *Michael Soth*
- “Visual Medicine” - participative workshop with artist *Suzette Clough & Shoshi Asheri*, psychotherapist
- “Creativity - Our Infinitely Renewable Resource” - artist *Klaus Elle*, organisational consultant, who will also capture the whole event with his spontaneous artwork throughout the day and present his visual reflections in the evening

Transition & Energy Descent

- “Climate Change, Peak Oil and Transition to a Low-carbon Future” - several experts and campaigners, including local journalist and writer on climate change *Mark Lynas* (“Six Degrees”)
- “The Age of Stupid” - film about climate change and peak oil
- “The Keys to a Sustainable Tomorrow- Today!” - transition facilitator *Naresh Giangrande* from Transition Town Totnes
- “Sustainable Transport” - *Simon Pratt*, Regional Director sustrans environmental transport organisation
- “Permaculture - Designing Living Systems *with* Nature” - *Phil Pritchard*
- “Thinking Globally – Acting Locally!” - *Dr Ian Tennant* from Resurgence Magazine

Energy, Technology & Housing

- “Re-Making the Way We Make Things: Cradle-to-Cradle Production Cycles” - *Jens Soth* (environmental engineer at EPEA with Prof. Michael Braungart)
- “Sustainable Architecture & Eco-Houses” and “Carbon Reduction from Existing Housing” - *Paola Sassi* and *Dr Rajat Gupta* from Brookes University
- Demonstration of Renewable and Solar Energy Systems - *Stephen Bond*: Earth Rover One
- Westmill Wind Farm Sustainable Energy Trust - *Mark Luntley* Chairman
- Stalls and exhibits in the main hall

Sustainable Food Production

- “The Future of Food Production and Sustainable Agriculture” - *Francis Blake* from the Soil Association
- “Sustainable Agriculture and Food Security in an Era of Oil Scarcity: how Cuba coped and what can we learn from this?” - *Dr Julia Wright* from Garden Organic
- BBC Programme: “A Farm for the Future” by *Rebecca Hosking*, wildlife filmmaker & campaigner (tbc)
- “Feeding People is Easy and the Campaign for Real Farming” - *Colin Tudge*
- Film: “We Feed the World” - a documentary film by Austrian film maker *Erwin Wagenhofer*
- “Organic Food for All - the Challenges of Sustainable Food Distribution” - *Georg Schweisfurt*, Founder of German organic supermarket chain ‘basic’ (www.basicbio.de/)
- “International Trade of Organic Cotton and Cocoa” - *Jens Soth* (HELVETAS - Swiss Development Corporation)

Sustainable Local Projects

- *Cliff Jordan*: Car Clubs in Oxford
- Low-Carbon West Oxford - local campaign
- Composting Workshop with local master composter *Sheila Parry*
- *Ted Dewan* from Beechcroft Road, North Oxford: The DIY Street - turning streets into living spaces

Activities for children & teenagers:

- Bicycle Repair & Maintenance Workshop with *Sim* from FlyingBikeShed.co.uk
- Storytelling Workshops
- Willow Weaving
- Drum Making (tbc)
- Green Wood Working (tbc)
- and many other kid’s activities